

To: All CYO Athletic Directors and Sports Coordinators

Re: CYO Concussion Education Initiative and Policy

We are all learning more about the potential long term health implications related to concussions during a lifetime and CYO wants to ensure that coaches, parents and athletes have all the necessary concussion information before each athletic season. It is extremely important that coaches, parents and athletes know how to proceed should a concussion be suspected so as to not cause a more serious brain injury. Coaches and parents will receive the information regarding the CYO Concussion Education Initiative and Policy on the CYO website and athletes will receive the educational information in a handout from their coaches.

It is extremely important that parish athletic directors, sports coordinators, coaches, parents and athletes are all on the same page regarding the serious nature of concussions and how to proceed should an athlete sustain a concussion.

Therefore, we thank you for taking the time to familiarize yourself with the CYO Concussion Education Initiative and Policy. By working together we can better assure the health of all athletes so that each can experience the joys and benefits of athletics in the most healthy environment possible.

Should you have any questions, please do not hesitate to call the CYO Office at 632-9311.