

What is Play Like a Champion Today?

The Play Like a Champion Today Educational Series is comprised of unique and comprehensive programs that deliver a Catholic approach to coach, parent and athlete education and formation. Crafted by leaders in the fields of educational development, sports psychology and Catholic theology, Play Like a Champion offers a research-based approach that is designed using the best practices for growing athletes of faith, character and skill.

Kristin Sheehan, Program Director at Play Like a Champion states, “We do this by working with schools and organizations of all sizes using programs designed to fit the needs of your local community. The Play Like a Champion approach utilizes interactive coach clinics, parent workshops and athlete programs to form leaders at the youth, high school and college levels. Held each June, the annual Play Like a Champion Today Sports Leadership Conference is an outstanding gathering of Catholic administrators, coaches and community leaders in North America. Throughout the year, partners engage in an ongoing exchange of ideas through sharing best practices, participating in webinars and receiving resources such as weekly Coach, Parent and Athlete emails designed to give partners all the tools they need to develop leaders in their community.

“Whether you are an administrator, coach, parent or athlete, Play Like a Champion has programs that can make a positive impact in your school and community. We invite you to join us. Visit www.playlikeachampion.org and contact us today to learn more at information@playlikeachampion.org.”