

COACHES SELF-TEST

Please answer these questions as honestly as you can!

Circle the answer that most accurately describes you.

1. I firmly believe athletics are a microcosm of life, and resemble life closely.
a. Always b. Usually c. Sometimes d. Seldom e. Never

2. I firmly believe that coaches often become the next most influential adult in players' lives, after their parents.
a. Always b. Usually c. Sometimes d. Seldom e. Never

3. I am very conscious of my language and the words I use in front of the team. I do not cuss in front of my players.
a. Always b. Usually c. Sometimes d. Seldom e. Never

4. I am always mindful of how I conduct myself in front of the team. I always try to be Christlike in how I treat others... including officials, players, coaches and parents.
a. Always b. Usually c. Sometimes d. Seldom e. Never

5. I agree with the saying, "Preach the gospel at all times, when necessary... use words."
a. Always b. Usually c. Sometimes d. Seldom e. Never

6. Between teaching kids how to play a game and win, and teaching kids "Life Lessons" they will take with them the rest of their lives, my top priority is teaching life lessons.
a. Always b. Usually c. Sometimes d. Seldom e. Never

7. I believe coaches should prioritize promoting and modeling sportsmanship over winning games.
a. Always b. Usually c. Sometimes d. Seldom e. Never

8. I believe God has given me a perfect platform to bring others to Christ, and I give my best each day to do so.
a. Always b. Usually c. Sometimes d. Seldom e. Never

9. I believe that when I have coached my last game, the best measure of my success will be how many lives I have touched and changed for the better, and how many young people I have assisted on their journey to God.
- a. Always b. Usually c. Sometimes d. Seldom e. Never
10. Between the 5 areas of development in young people (physical, mental, emotional, social, spiritual) I firmly believe the most important job for me as a coach is to develop the spiritual growth in our players.
- a. Always b. Usually c. Sometimes d. Seldom e. Never

Coach –

If most of your answers for these 10 questions were either “a or b,” you are well on your way to being a true “Coach For Christ”! If most of your answers were “c, d or e,” we have a little work to do to get more aligned with coaching in a way to bring our athletes closer to Christ, and having a lasting impact on their overall development.

Regardless of where we fall in answering these questions, odds are there is always room for improvement. Just as there is merit to having our coaches and players set personal goals for improvement for a season, there is likewise merit to us setting goals for our improvement in being “Coaches For Christ.” Please thoughtfully answer the questions below to help you set these personal goals:

- 1. List two ways you can strengthen your own faith in God, as we become better coaches for Christ if our own faith is strong.**
- 2. What can you do to help make prayer an important daily occurrence for your players and the other coaches on your staff?**
- 3. List 5 “Life Lessons” you are going to prioritize teaching your teams this upcoming season.**
- 4. List two ways you can make sure you are prioritizing faith formation with your team every week.**